Living conditions, life style, health and well-being among the students in upper secondary school by sex and region, 2010-2011, 2013, 2017, 2019, 2021, 2023 And 2025

			2010	2011	2013	2017	2019	2021	2023	2025
Can almost never talk with parents about personal matters, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		4	4	5	3	4	2	6
		female		10	7	9	6	8	7	8
		combined		8	6	7	5	7	5	7
	Lapland	male	11		4	5	4	5	4	4
		female	10		8	12	7	9	9	6
		combined	11		6	9	6	8	7	5
	North Ostrobothnia	male		7	5	4	4	4	4	3
		female		8	6	7	6	10	9	7
		combined		8	6	6	5	7	7	6
Daily smokers, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		10	6	4	1	2	2	1
		female		14	8	2	2	4	3	2
		combined		12	7	3	2	3	3	2
	Lapland	male	9		5	3	3	2	1	1
		female	12		7	4	3	2	2	1
		combined	11		6	3	3	2	2	1
	North Ostrobothnia	male		11	8	4	3	3	2	1
		female		11	8	4	3	3	3	1
		combined		11	8	4	3	3	2	1
Does not eat breakfast every school morning, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		34	32	25	25	29	38	35
		female		35	26	24	23	32	34	35
		combined		34	28	24	24	31	35	35
	Lapland	male	31		30	32	32	33	34	41
		female	34		32	25	32	32	37	43
		combined	33		31	28	32	32	36	42
	North Ostrobothnia	male		37	31	30	34	32	31	37
		female		34	29	27	32	33	33	37
		combined		35	30	28	33	32	32	37
Experience of sexual intercourse, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		18	13	9	18	20	11	25
		female		21	19	13	18	24	22	39
		combined		19	16	12	18	23	17	33
	Lapland	male	26		27	15	24	23	23	25
		female	28		28	22	27	30	35	38
		combined	27		27	20	26	27	30	33
	North Ostrobothnia	male		22	23	20	27	21	20	24
		female		23	23	21	30	29	33	37
		combined		23	23	21	29	26	28	32
Has been bullied at school at least once a week, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		34	31	32	30	35	34	31
		female		45	42	31	38	46	41	41
		combined		40	38	32	34	42	39	37

	Lapland	male	33		34	36	33	32	34	32
		female	44		44	38	43	45	39	38
		combined	40		40	37	39	40	37	36
	North Ostrobothnia	male		32	31	30	32	28	27	29
		female		38	38	33	33	33	33	29
		combined		35	35	32	33	31	30	29
Has experienced threat of physical violence during the year, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		27	9	10	6	8	6	10
		female		4	0	1	1	0	0	0
		combined		14	4	4	3	4	2	4
	Lapland	male	29		10	15	7	6	5	7
		female	2		1	1	1	1	1	0
		combined	13		5	7	3	3	2	3
	North Ostrobothnia	male		20	10	12	8	4	5	6
		female		2	1	1	1	0	0	0
		combined		9	4	5	3	2	2	2
Has experimented with illegal drugs at least once, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		2	1	2	1	3	1	3
		female		0	1	1	1	2	0	1
		combined		1	1	1	1	2	1	2
	Lapland	male	3		3	1	1	1	1	2
		female	1		1	1	1	1	2	2
		combined	2		2	1	1	1	2	2
	North Ostrobothnia	male		2	1	1	1	1	1	1
		female		1	1	1	0	1	1	1
		combined		1	1	1	1	1	1	1
Has no close friends, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		15	11		10	13	11	11
		female		10	6		6	9	9	8
		combined		12	8		7	11	10	9
	Lapland	male	16		15		13	14	12	11
		female	12		11		10	8	8	6
		combined	14		12		11	10	10	8
	North Ostrobothnia	male		17	14		11	10	9	9
		female		10	9		7	8	7	6
		combined		13	11		9	8	8	7
Heavy drinking at least once a month, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		11	11	9	9	9	6	8
		female		9	9	6	5	9	8	6
		combined		10	9	7	7	9	7	7
	Lapland	male	12		10	9	9	9	6	7
		female	8		6	6	6	7	5	5
		combined	10		8	7	7	8	5	5
	North Ostrobothnia	male		13	14	10	9	8	7	6
		female		9	10	7	8	8	8	6
		combined		11	12	8	9	8	8	6

In moderate or poor health, as % of all students in 1st and 2nd year of upper secondary school	Kainuu	male		11	5	16	12	13	9	11
		female		4	4	9	6	10	11	6
		combined		7	4	12	9	11	10	8
	Lapland	male	14		9	12	10	13	13	6
		female	6		6	7	7	6	9	6
		combined	9		7	9	8	9	11	6
	North Ostrobothnia	male		10	10	9	11	10	12	8
		female		5	4	6	7	8	8	6
		combined		7	7	7	9	9	10	7
Overweight, as % of all students in 1st and 2nd year of upper secondary school (-2023)	Kainuu	male		23	22	7	18	16	16	14
		female		19	15	13	10	20	11	10
		combined		20	18	11	14	19	13	11
	Lapland	male	22		17	16	17	12	13	9
		female	21		17	12	12	13	12	8
		combined	21		17	14	14	13	13	8
	North Ostrobothnia	male		23	17	15	13	12	10	8
		female		19	17	12	11	12	11	9
		combined		21	17	13	12	12	11	9
Participated in bullying at least once a week, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		16	13	17	13	19	16	14
		female		20	18	24	16	30	26	27
		combined		19	16	22	15	26	22	22
	Lapland	male	18		16	16	16	18	18	16
		female	22		21	28	23	31	32	25
		combined	20		19	23	20	26	27	22
	North Ostrobothnia	male		15	17	19	17	19	18	16
		female		19	19	23	26	30	31	27
		combined		17	18	21	22	25	26	23
Physical exercise that makes one out of breath less than one hour a week, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male			5	9	3	10	9	9
		female			10	18	13	29	30	29
		combined			8	14	9	21	22	21
	Lapland	male			6	6	6	10	8	6
		female			15	21	19	32	31	30
		combined			11	15	14	23	22	21
	North Ostrobothnia	male			5	5	5	8	6	7
		female			11	15	17	28	29	31
		combined			9	11	12	20	20	21
Teachers are not interested in how the student is doing, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		22	19	23	14	20	27	
		female		13	14	19	16	15	18	
		combined		17	16	20	15	17	22	
	Lapland	male	21		21	20	22	22	23	
		female	13		14	14	16	20	21	
		combined	16		17	17	19	21	22	

	North Ostrobothnia	male		17	18	16	17	19	19	
		female		11	12	16	14	15	15	
		combined		14	14	16	15	16	16	
Teachers do not encourage students to express their opinions in class, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		3	2	2	1	2	2	3
		female		0	0	0	0	1	0	0
		combined		1	1	1	0	2	1	1
	Lapland	male	4		3	1	1	1	1	2
		female	0		1	0	0	0	1	0
		combined	2		1	1	0	1	1	1
	North Ostrobothnia	male		2	2	1	1	1	1	2
		female		1	0	0	0	0	0	0
		combined		1	1	0	1	0	1	1
Uses snus daily, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		24	26	18	25	23	17	21
		female		31	28	29	27	22	33	28
		combined		28	27	25	26	22	26	25
	Lapland	male	29		28	21	28	25	19	22
		female	31		32	26	24	28	33	33
		combined	30		30	24	25	27	28	29
	North Ostrobothnia	male		28	28	26	23	21	21	20
		female		33	29	24	28	28	29	28
		combined		31	29	25	26	25	26	25
Uses snus daily, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		59	55	32	26	33	28	25
		female		64	58	51	42	48	42	40
		combined		62	57	44	36	42	37	34
	Lapland	male	62		48	32	31	25	26	20
		female	64		57	44	39	37	34	30
		combined	63		53	39	36	32	31	26
	North Ostrobothnia	male		55	53	36	30	25	24	20
		female		61	54	39	36	35	33	27
		combined		59	54	38	34	31	29	24
Uses snus daily, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		23	20	9	11	15	12	14
		female		27	29	16	16	16	22	20
		combined		25	26	13	14	15	18	18
	Lapland	male	26		21	10	13	11	14	11
		female	29		26	16	16	17	17	14
		combined	28		24	14	15	15	16	13
	North Ostrobothnia	male		21	22	11	11	12	9	10
		female		26	24	13	15	14	13	13
		combined		23	23	12	13	13	12	12
Uses snus daily, % of students in 1st and 2nd year of general upper secondary school	Kainuu	male		5	9	8	7	3	7	4
		female		0	0	0	0	2	3	1
		combined		2	3	3	3	2	5	2

Lapland	male	7		12	10	10	5	6	2
	female	0		1	1	1	3	2	1
	combined	3		5	5	5	4	3	1
North Ostrobothnia	male		10	12	8	8	6	4	2
	female		0	1	1	2	2	2	0
	combined		4	5	4	4	3	3	1

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