

13390: Exercise activities last 12 months, by year, contents, exercising activity and region, 2021, 2024

			18 Nordland - Nordlånnda	55 Troms - Romsa - Tromssa	56 Finnmark - Finnmárku - Finmarkku	54 Troms og Finnmark - Romsa ja Finnmarku (2020-2023)
2021	Persons (per cent)	Have exercised	87,0	.	.	85,9
		Jogging	38,8	.	.	33,4
		Cross-country skiing	25,2	.	.	25,9
		Biking	38,6	.	.	39,3
		Strength-training	45,8	.	.	47,8
		Swimming	8,8	.	.	13,7
		Football	7,8	.	.	10,6
		Tennis, squash or badminton	1,4	.	.	0,7
		Ice hockey, bandy or indoor bandy	1,6	.	.	3,3
		Handball	0,4	.	.	0,8
		Volleyball	3,8	.	.	3,1
		Basketball	0,7	.	.	0,7
		Golf	2,0	.	.	3,2
		Gymnastics	1,3	.	.	1,2
		Yoga, pilates	1,8	.	.	3,3
		Athletics	1,1	.	.	0,0
		Martial arts, boxing	1,6	.	.	0,3
		Organized dance	1,9	.	.	1,1
		Shooting sports	0,0	.	.	0,3
		Horse riding	1,0	.	.	0,7
		Number of respondents in the survey	238,0	.	.	270,0
	1 000 persons	Have exercised	169	.	.	176
		Jogging	75	.	.	68
		Cross-country skiing	49	.	.	53
		Biking	75	.	.	81
		Strength-training	89	.	.	98
		Swimming	17	.	.	28
		Football	15	.	.	22
		Tennis, squash or badminton	3	.	.	2
		Ice hockey, bandy or indoor bandy	3	.	.	7
		Handball	1	.	.	2
		Volleyball	7	.	.	6
		Basketball	1	.	.	1
		Golf	4	.	.	7
		Gymnastics	3	.	.	2
		Yoga, pilates	3	.	.	7
		Athletics	2	.	.	0
		Martial arts, boxing	3	.	.	1
		Organized dance	4	.	.	2
		Shooting sports	0	.	.	1
		Horse riding	2	.	.	1
		Number of respondents in the survey	238	.	.	270
2024	Persons (per cent)	Have exercised	88,4	89,3	..	.
		Jogging	28,8	35,7	..	.
		Cross-country skiing	24,8	31,7	..	.
		Biking	41,2	46,7	..	.
		Strength-training	50,8	53,3	..	.
		Swimming	14,6	25,2	..	.
		Football	14,5	9,2	..	.
		Tennis, squash or badminton	1,8	1,6	..	.
		Ice hockey, bandy or indoor bandy	1,8	3,1	..	.
		Handball	0,6	0,0	..	.
		Volleyball	5,6	3,4	..	.
		Basketball	2,0	2,1	..	.
		Golf	3,4	5,1	..	.
		Gymnastics	1,4	0,9	..	.
		Yoga, pilates	4,0	3,4	..	.
		Athletics	0,4	0,0	..	.
		Martial arts, boxing	2,3	5,0	..	.
		Organized dance	0,8	2,3	..	.
		Shooting sports	0,3	1,2	..	.
		Horse riding	0,0	1,4	..	.
		Number of respondents in the survey	239,0	170,0	66,0	.

1 000 persons	Have exercised	176	128	..	.
	Jogging	57	51	..	.
	Cross-country skiing	49	45	..	.
	Biking	82	67	..	.
	Strength-training	101	76	..	.
	Swimming	29	36	..	.
	Football	29	13	..	.
	Tennis, squash or badminton	4	2	..	.
	Ice hockey, bandy or indoor bandy	4	4	..	.
	Handball	1	0	..	.
	Volleyball	11	5	..	.
	Basketball	4	3	..	.
	Golf	7	7	..	.
	Gymnastics	3	1	..	.
	Yoga, pilates	8	5	..	.
	Athletics	1	0	..	.
	Martial arts, boxing	5	7	..	.
	Organized dance	2	3	..	.
	Shooting sports	1	2	..	.
	Horse riding	0	2	..	.
	Number of respondents in the survey	239	170	66	.

.. = Data not available. Figures have not been entered into our databases or are too unreliable to be published.

. = Category not applicable. Figures do not exist at this time, because the category was not in use when the figures were collected.

region:

Nordland - Nordlånnda: 1 January 2020, the municipality 1852 Tjeldsund was moved from Nordland to Troms og Finnmark.

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Source: Statistics Norway

Units:

Persons (per cent): per cent

1 000 persons: persons

Data type: Flow

Reference period: Data collection between January and June